

H. C. Allen's

KEYNOTES
AND
CHARACTERISTICS
WITH
COMPARISONS
OF SOME OF THE
LEADING REMEDIES
OF THE
MATERIA MEDICA
WITH
BOWEL NOSODES

PREFACE: SECOND EDITION

In preparing the second edition for the press the work has been enlarged and practically rewritten. Many more remedies have been included and symptoms and comparisons extended, yet care has been taken that every symptom has been verified. The original plan has been maintained, viz., to give only those symptom—guides that mark the individuality of the remedy, that the student of materia medica may use them as landmarks to master the genius of the remedial agent.

At the suggestion of the publishers and in response to numerous enquiries a more extended symptomatology of the nosodes has been included, for these invaluable additions to our armamentarium, like the so-called tissue remedies of Schüessler, only need more extensive provings to place them in the list of polychrests.

That the student may acquire the correct pronunciation of our remedial agents, an alphabetical list of remedies with the accentuation is given, for a homoeopathic physician may properly be held accountable for the correct use of terms peculiar to his profession. An index of remedies and comparisons is also included.

H.C. Allen

PREFACE: FIRST EDITION

The life-work of the student of the homoeopathic materia medica is one of constant comparison and differentiation. He must compare the pathogenesis of a remedy with the recorded anamnesis of the patient; he must differentiate the apparently similar symptoms of two or more medicinal agents in order to select the similimum. To enable the student or practitioner to do this correctly and rapidly he must have as a basis for comparison some knowledge of the individuality of the remedy; something that is peculiar, uncommon, or sufficiently characteristic in the confirmed pathogenesis of a polychrest remedy that may be a so-called "keynote," a "characteristic," the "red strand of the rope," and central modality or principle—as the aggravation from motion of Bryonia, the amelioration from motion of Rhus, the furious, vicious delirium of Belladonna or the apathetic indifference of Phosphoric acid—some familiar landmark around which the symptoms may be arranged in the mind for comparison.

Something of this kind seems indispensable to enable us to intelligently and successfully use our voluminous symptomatology. Also, if we may judge

from the small number of homoeopathic physicians who rely on the single remedy in practice, and the almost constant demand for a "revision" of the materia medica, its study in the past, as well as at present, has not been altogether satisfactory to the majority.

An attempt to render the student's task less difficult, to simplify its study, to make it both interesting and useful, to place its mastery within the reach of every intelligent man or woman in the profession, is the apology for the addition of another monograph to our present works of reference.

It is all important that the first step in the study of homoeopathic therapeutics be correctly taken, for the pathway is then more direct and the view more comprehensive. The object of this work is to aid the student to master that which is guiding and characteristic in the individuality of each remedy and thus utilize more readily the symptomatology of the homoeopathic materia medica, the most comprehensive and practical work for the cure of the sick ever given the medical practitioner and teacher, and is published at the earnest solicitation of many alumni of Hering College, with the hope that it may be of as much benefit to the beginner as it has been to the compiler.

H. C. Allen

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ALUMINA

Pure Clay Al_2O_3

Adapted to persons who suffer from chronic diseases; "the Aconite of chronic diseases."

Constitutions deficient in animal heat (Calc., Sil.).

Spare, dry, thin subjects; dark complexion; mild, cheerful disposition; hypochondriacs; dry, tettery, itching eruption, worse in winter (Petr.); intolerable, itching of whole body when getting warm in bed (Sulph.); scratches until bleeds, then becomes painful.

Time passes too slowly; an hour seems half a day (Cann-i.).

Inability to walk, except with the eyes open, and in the daytime; tottering and falling when closing eyes (Arg-n., Gels.).

Abnormal appetite; craving for starch, chalk, charcoal, cloves, coffee or tea-grounds, acids and indigestible things (Cic., Psor.); *potatoes disagree*.

Chronic eructations for years; worse in evening.

All irritating things—salt, wine, vinegar, pepper—immediately produce cough.

Constipation: *No desire for and no ability to pass stool until there is a large accumulation* (Meli-a.); **great straining**, must grasp the seat of closet tightly; stool hard, knotty, like laurel berries, covered with mucus; or soft, clayey, adhering to parts (Plat.).

Inactivity of rectum, *even soft stool requires great straining* (Anac., Puls., Sil., Verat.).

Constipation: Of nursing children, from artificial food; bottle-fed babies; of old people (Lyc., Op.); of pregnancy, from inactive rectum (Sep.).

Diarrhea when she urinates.

Has to strain at stool in order to urinate.

Leucorrhœa: **Acrid and profuse, running down to the heels** (Syph.); worse during the daytime; > by cold bathing.

After menses: *Exhausted physically and mentally, scarcely able to speak* (Carb-an., Cocc.).

Talking fatigues; faint and tired, must sit down.

Relationship

Complementary: To, Bryonia.

Follows: Bry., Lach., Sulph.

Alumina is the chronic of Bryonia.

Similar: To, Bar-c., Con., in ailments of old people.

Aggravation

In cold air; during winter; while sitting; *from eating potatoes*; after eating soups; on alternate days; *at new and full moon*.

Amelioration

Mild summer weather; from warm drinks; *while eating* (Psor.); in wet weather (Caust.).

Alumina is one of the chief antidotes for lead poisoning; painter's colic; ailments from lead.

AMBRA GRISEA

Ambergris

A Nosode

For children, especially young girls who are excitable, nervous and weak; nervous affections of old people, nerves "worn out."

Lean, thin, emaciated persons who take cold easily.

Great sadness, sits for days weeping.

After business embarrassments, unable to sleep, must get up (Cimic., Sep.).

Ranula with fetid breath (Thu.).

Sensation of coldness in abdomen (Calc.).

The presence of others, even the nurse, is unbearable during stool; frequent, ineffectual desire, which makes her anxious.

Discharge of blood between periods, at every little accident a long walk, after every hard stool, etc.

Leucorrhea: *Thick, bluish-white mucus*, especially or only at night (Caust., Merc., Nit-ac.).

Violent cough in spasmodic paroxysms, with eructations and hoarseness; worse talking or reading aloud (Dros., Phos.); evening without, morning with expectoration (Hyos.); whooping cough, but without crowing inspiration.

Relationship

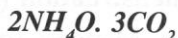
Similar: To, Asaf., Cimic., Coca, Ign., Mosch., Phos., Valer.

Aggravation

Warm drinks, warm room; music; lying down; reading or talking aloud; the presence of many people; after waking.

Amelioration

After eating; cold air; cold food and drinks; rising from bed.

AMMONIUM CARBONICUM**Smelling Salts**

Hemorrhagic diathesis, fluid blood and degeneration of red blood corpuscles; ulcerations tend to gangrene.

Stout, fleshy women with various troubles in consequence of leading a sedentary life; delicate women who must have the "smelling bottle" continually at hand; readily catch cold in winter.

Children dislike washing (Ant-c., Sulph.).

Loses breath when falling asleep, must awaken to get breath (Grin., Lach.).

Ill-humor during wet, stormy weather.

Headache; sensation of fullness, as if forehead would burst (Bell., Glon.).

Nosebleed: **When washing the face** (Arn., Mag-c.) and hands in the morning, from left nostril; *after eating*.